

Mapping My Date

3 traits that I want in a partner are...

- 1.
- 2.
- 3.

If I wanted to be in a relationship, a place I might meet someone is...

A sign that my date is **not** interested is...
(ex. walks away)

A sign that my date is interested is...
(ex. eye contact)

If I wanted to show my date that I am interested I might...
(ex. smile)

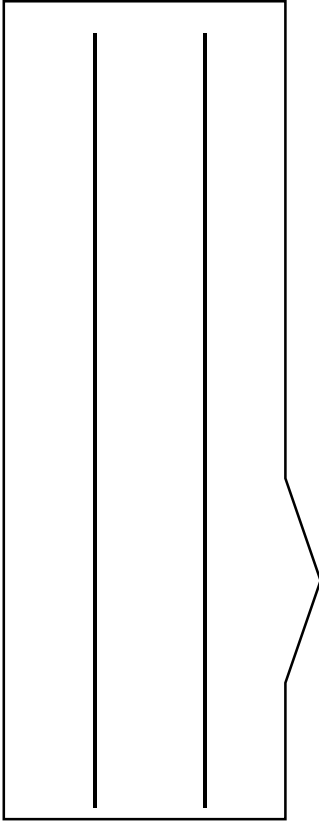
I could ask someone on a date by...

2 activities we could do together or places we could go on a date are...

- 1.
- 2.

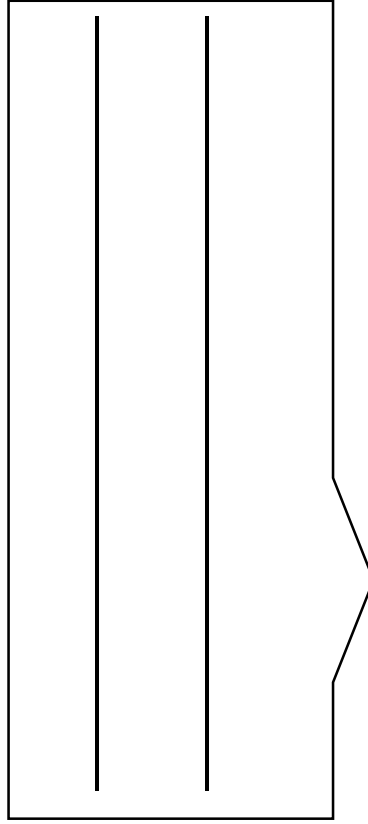
What Would You Say?

What would you say if a friend was making fun of you for not having sex?



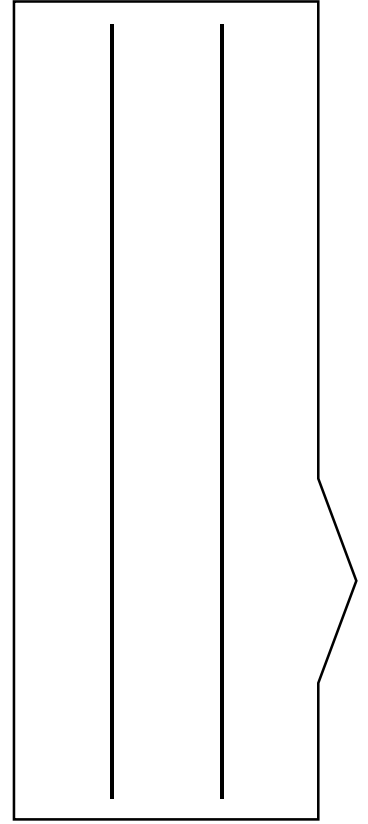
“Why are you scared?
Just do it.”

What would you say if a partner is pressuring you to have sex?



“I’m just trying to show you
I love you.
Don’t you love me?”

What would you say if a partner did not want to use a condom?



“Don’t worry, it will feel
good and no one has to
know.”

Appendix G.6: Relationship Qualities

Trust



Respect



Honesty



Communicates



Respects your body



Make decisions together



Laughter



Support



Friendship



Asks for consent



Encouragement



Jealousy



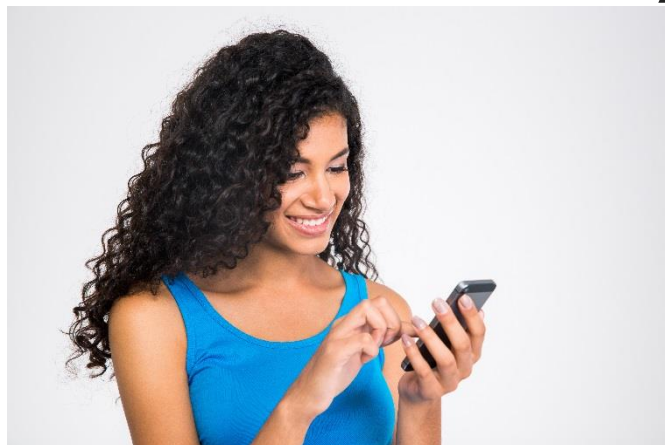
Buys you gifts



Makes you feel safe



Calls/texts every day



Spend time together



Demands things in return



Yells



Lies



Threatens your safety



Hits or slaps you



Cheats



Controls what you do



**Asks you to take
sexual pictures**



Criticizes you



Talks about you behind your back



Tells you not to see your friends and family



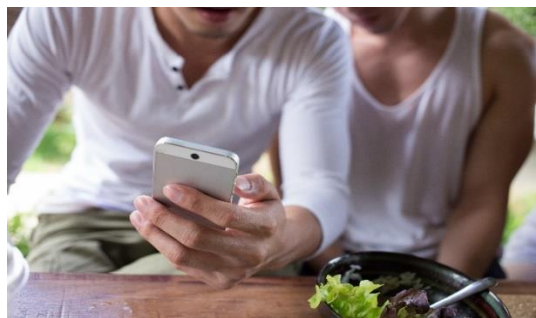
**Threatens to hurt themselves
to get what they want**



**Your partner calls to check
where you are all the time**



**Asks for the passwords to
your social media accounts**



Asks you to do sexual things for money



Makes you feel bad about your body



**Appreciates your
personal style**



**Threatens to “out” your
sexual orientation or
gender identity**



Session 6 Assessment: Relationships

Category 1: True/False and Open Ended

Healthy and Unhealthy Relationships Questions:

1. What is dating?

Answer: Getting to know someone and letting them get to know you so that you can decide whether you enjoy spending romantic time together.

2. What are some healthy reasons to want a relationship?

Answer: e.g. you like them and want to see them more, to have someone to talk about feelings or problems, to feel connected or close to someone, to feel love, etc.

3. What are some unhealthy reasons to want a relationship?

Answer: e.g. you want someone to buy you presents, to be cool or popular, just to have sex, because all your friends are in relationships, etc.

Dating Questions:

1. Name a sign that a date is not interested.

Answer: They walk away or say “go away”

2. True/ False: A sign that my date may be interested is eye contact.

Answer: True

Relationship Spectrum Questions:

1. Name 3 healthy qualities and 3 unhealthy qualities in a relationship.

Answer: Healthy qualities: trust, respect, honesty, communication, etc.

Unhealthy qualities: yells, lies, threatens your safety, hits or slaps you, etc.

Category 2: Tally

Educator or Data Recorder: Begin by reading a question and the three possible answer choices so students can hear all options. Read the question again and as you go through the possible answer choices, have students raise their hand when they hear the option they think is correct and put tally marks in the appropriate boxes.

<p>Topic: Healthy and Unhealthy Relationships</p> <p>Question 1: Dating is not wanting to get to know someone.</p> <p>Answer: False- Dating is getting to know someone and letting someone get to know you.</p>	<p style="text-align: center;">True</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">False</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre- Assessment:</u></p> <p><u>Post-Assessment:</u></p>
<p>Topic: Dating</p> <p>Question 1: True/False: A sign that my date may be interested is eye contact.</p> <p>Answer: True</p>	<p style="text-align: center;">True</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">False</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>
<p>Topic: Relationship Qualities Spectrum</p> <p>Question 1: A healthy relationship quality is...</p> <p>Answer: Trust</p>	<p style="text-align: center;">Yelling</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Trust</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>
<p>Topic: Relationship Spectrum</p> <p>Question 2: An unhealthy quality in a relationship is...</p> <p>Answer: Hitting</p>	<p style="text-align: center;">Hitting</p> <p><u>Pre-Assessment:</u></p> <p><u>Post-Assessment:</u></p>	<p style="text-align: center;">Respects Your Body</p> <p><u>Pre-Assessment:</u></p> <p><u>Post- Assessment:</u></p>	<p style="text-align: center;">Not Sure</p> <p><u>Pre-Assessment:</u></p> <p><u>Post- Assessment:</u></p>

Category 3: Icon Selection

- **Option 1: Place the options on the board and label them 1-3. Have the students hold up 1, 2, or 3 fingers to represent the answer they chose.**
- **Option 2: Print out answer cards before assessment. Place the cards in front of the students and have them point to the correct answer.**

Healthy and Unhealthy Relationship Question:









1. True/False: Dating is not wanting to get to know someone.
Answer: False

Dating Question:

1. True/ False: A sign that my date may be interested is eye contact.
Answer: True

Relationship Spectrum Qualities Questions:

1. A healthy quality in a relationship is...
Answer: Trust
2. An unhealthy quality in a relationship is...
Answer: Hitting

<p>Row 1</p>	<p>True</p> 	<p>False</p> 	<p>Not sure</p> 
<p>Row 2</p>	<p>Yelling</p> 	<p>Trust</p> 	<p>Not sure</p> 
<p>Row 3</p>	<p>Hitting</p> 	<p>Respects your body</p> 	<p>Not sure</p> 